



**How does CCA@YourService help?** The program provides free professional consultation, referrals, and short-term counseling for any issue that matters to you and your family.

**How is all this free?** Because your convenience and well-being are important, your employer provides access to the program at no cost to you.

**When can I call?** Any time, any day. No matter when you call, a qualified professional is available to assess your needs and connect you to the appropriate resources or short-term counseling.

**Can my family use the service, too?** Absolutely. All the benefits and convenience you enjoy from CCA@YourService are available to your family and those you care about.

**Is the program confidential?** Yes. The program is administered by CCA—an organization separate from your employer—that does not share details about who has used the service.

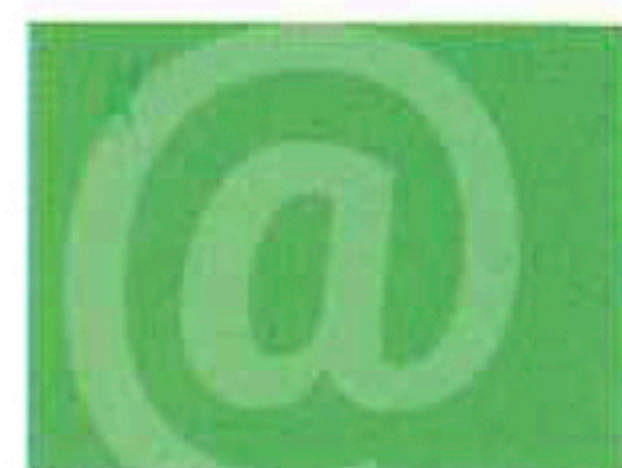
**What's available on the website?** The website offers a hub of articles and information on popular topics, and connects you to exclusive resources, tools, and daily living calculators.



## PICTURE YOURSELF enjoying the best of life



## AROUND-THE-CLOCK ACCESS TO EASIER LIVING



Welcome to **CCA@YourService**, a benefit for you and your family. Free assistance, resources, referrals, and short-term counseling are available any time, any day, for any issue—all provided by qualified professionals.

Let a consultant help you locate child care, elder care or pet care. Get referrals to area resources. Receive guidance on legal or financial matters. Access counseling for whatever is on your mind. All this and more is always @YourService.

- Family and caregiving
- Everyday living
- Legal and financial
- Personal health
- Emotional health
- Work-related issues